

All day brunch

Available all day Mon-Fri until 2.30pm
and Sat until 1.30pm

Beet hummus  6.50
Toasted **sourdough** bread and beetroot **hummus**
topped with sliced avocado, radish, spicy seeds
and watercress *gfo, ve, sesame*

Smoked salmon 6.95
Toasted **sourdough** bread, dill scrambled **eggs**,
smoked salmon, shaved radish and watercress *gfo*

Huevos rancheros 7.50
Two homemade corn tortillas topped with
homemade baked beans and two fried **eggs**.
Finished with chopped red chillis and coriander,
served with sliced avocado and lime *gf*

The big breakfast 8.95
Crispy bacon, scrambled **eggs**, toasted
sourdough/dark rye bread (**butter**), homemade
beans, potato rosti, smoky mushroom, sliced
avocado with omega seeds, green leaves with
seasonal fruit *gfo*

The big vegan breakfast  8.95
Smoky mushroom, scrambled tofu with red
peppers and spring onions, toasted **sourdough/**
dark rye bread (vegan spread), homemade beans,
potato rosti, sliced avocado with omega seeds,
green leaves with seasonal fruit *gfo, ve*

Hungry?

Add any of the following to
your breakfast

- + two poached **eggs**
- + smoked salmon
- + crispy bacon

1.95 per item



Mini Rasks

Children's menu available all day
Mon-Fri until 2.30pm and Sat until 1.30pm

The mini breakfast  4.95
Toasted soft **rye bread**, fried **egg**, bacon and a
side of homemade beans *gfo, veo*

Hungry bear porridge  2.95
Oats, **whole milk***, cinnamon and maple syrup.
Topped with banana and blueberries *gfo, veo*

Sweet or Savory toast  3.95
Toasted soft **rye bread** with choice of topping:
Peanut butter, chopped banana and dark
chocolate buttons *gfo, ve, nuts*
OR Simple avocado smash with tomatoes and
green olives *gfo, ve*

Fruit smoothie  1.95
Frozen mango, frozen berries, banana and **whole**
milk* blended to make a smoothie *gf, veo*

Choco milk  1.50
Steamed whole milk mixed with cocoa powder,
served warm *veo*

Babycino  0.50
Steamed **whole milk*** with cocoa sprinkled on top,
served warm *veo*

For the mini adventurer. Choose any regular
menu item. Half the portion, half the price.